

A dark, high-contrast photograph of a man, Augusto Frota, in a Brazilian Jiu-Jitsu (BJJ) position. He is wearing a dark gi with "FROTA ACADEMY" printed on the chest and a circular logo on the sleeve. He is smiling and looking down at his opponent, who is on the ground. The background is blurred, showing other people in a gym setting.

Augusto Frota, **From Swiss Banker** to Pro MMA Fighter To BJJ Instructor & Businessman

Source: www.bjjee.com



Last year, Augusto Frota made a triumphant return to BJJ competition after not having competed in over 12 years. The former Shooto Europe MMA champion and BJJ black belt was focused on growing his BJJ academies and also went through a string of injuries. The owner of Frota Academy in Zurich, Switzerland is one of the influential personalities in BJJ/MMA with a varied background in martial arts as well as in business and with a vast network in the industry. Frota knows the who's who's of BJJ/MMA and uses his contacts to bring in different world class instructors from various affiliations to teach class at his academy every week. They've recently had teaching class and conducting seminars: Braulio Estima, Gezary Matuda, Davi Ramos, Leandro Lo, Rodolfo Vieira, Marcus Buchecha...The list goes on and on.

Frota is a 4th degree black belt in BJJ under MMA/BJJ legend Rodrigo 'Minotauro' Nogueira, and is also an MMA pioneer in Switzerland when he fought in the Shooto circuit in Europe and Japan.

Frota is also the man behind the luxury BJJ camps held in Mykonos, Ibiza, Barcelona and Cannes which features Leandro Lo, Rodolfo Vieira, Buchecha, Braulio Estima, Mackenzie Dern and Gezary Matuda.





Augusto is a consummate professional and likes to help everyone improve; he is also very open to new techniques and training routines which he is happy to incorporate into his ever improving skill set.

Since 2004 Augusto represents:

- Shooto Europe (Legendary MMA federation from Japan)
- ADCC World Grappling Federation (BJJ-competition of the highest level)
- BJJS President and IBJJF representative in Switzerland.

Private BJJ Camp in Mykonos, Greece with world champion Marcus Buchecha and Felipe Pena:



Frota who is originally from Fortaleza, moved to Brasilia, Brazil, where he began his training in 1997 under Admilson Brites, a black belt under Royler Gracie. At that time Augusto competed in and won several national and state tournaments. He moved back to Fortaleza and began training with Marcus Aurelio (Pride/UFC-Veteran).

Due to academic commitments Augusto left for the United States and attended school in Fort Lauderdale. He completed his BIB (Bachelors in International Business) in Florida where he met the man who would change his competitive life and set him on the road to becoming an international fighter. That man was the legendary Minotouro Nogueira (Ex-Pride & UFC-HW-World Champion and founder of the famous Team Nogueira with world champions like Anderson Silva and Junior Cigano.



After he completed his studies Augusto moved to Switzerland and started to work for UBS (Union of the Swiss Banks) and competed in Pro MMA in Japan. he now resides in Zurich. Continuing to train under Nogueira, he established his own academy and soon earned his black belt in September 2005. He is now one of Europe's top instructors.





Discover more about Augusto Frota

Explore his journey, work, and contribution to the world of Brazilian Jiu-Jitsu.

[**Read the original article**](#)